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The DASH Diet for Healthy Weight Loss, Lower Blood ... -

Tue, 10 Jul 2018 10:58:00 GMT - 1 What is a Diet? A diet is not just a plan for losing weight, a diet refers to the way that we eat. Any eating pattern is a diet. Chapter 1 Conquering

Chapter 1 Conquering Hypertension and Heart ... - DASH diet -

Thu, 02 Aug 2012 23:53:00 GMT - 1 . Triglycerides: Frequently Asked Questions. Why are triglycerides important? The amount of triglycerides (or blood fats) in blood are one important barometer of metabolic

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Tue, 10 Jul 2018 01:11:00 GMT - BackgroundFew studies have evaluated the relationship between changes in diet quality over time and the risk of death. MethodsWe used Cox proportional-hazards models to calculate adjusted hazard ratios for total and cause-specific mortality among 47,994 women in the Nursesâ€™ Health Study and 25,745 men in the Health Professionals Follow-up ...

Association of Changes in Diet Quality with Total and ... -

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Inuit cuisine - Wikipedia -

Mon, 09 Jul 2018 20:11:00 GMT - The ketogenic diet is a high-fat, adequate-protein, low-carbohydrate diet that in medicine is used primarily to treat difficult-to-control (refractory) epilepsy in children.

Ketogenic diet - Wikipedia -

Tue, 10 Jul 2018 17:39:00 GMT - Mayo Clinic Health Letter provides reliable, easy-to-understand, health and medical information.

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