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Tue, 04 Aug 2015 04:57:00 GMT - Double celebration as my new article with Ray Cronise, Plant-Based Nutrition for Healthcare Professionals: Implementing Diet as a Primary Modality in the Prevention and Treatment of Chronic Disease, just published in The Journal of Geriatric Cardiology. Further, this issue of the journal is a (very ...

Goldmine! Plant-Based Diet Gets An Entire Special Issue in ... -

Tue, 06 Feb 2018 13:11:00 GMT - Txorizo Pamplona. This delightful sausage of Navarra in the basque region of Spain is right out in Esselsystnâ€™s plant-based diets. The skeptical cardiologist has heard a few cardiologist colleagues rave about the movie â€™Forks Over Knivesâ€™