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Fri, 06 Jul 2018 16:18:00 GMT - Translation. Robert S. Cohen notes that the majority of English books on Buddhism use the term "enlightenment" to translate the term bodhi. The root budh, from which both bodhi and Buddha are derived, means "to wake up" or "to recover consciousness". Cohen notes that bodhi is not the result of an illumination, but of a path of realization, or coming to understanding.

Enlightenment in Buddhism - Wikipedia -

Sat, 07 Jul 2018 17:43:00 GMT - The four stages of enlightenment in Theravada Buddhism are the four progressive stages culminating in full enlightenment as an Arahant.. These four stages are Sotapanna, Sakadagami, AnÄ